

Informed Consent DMove

Informed Consent for the Processing of Personal Data – DMoveZone

I, _____, with ID: _____, have been clearly, sufficiently, and understandably informed about the processing of my personal data by **DMoveZone**, for the purpose of providing health monitoring services, personalized recommendations, and informative communications.

1. **Data Controller:** DMoveZone – Contact: david@dmovezone.com
2. **Purpose:** Collection and use of personal data (name, email, health data, interactions with the platform) for monitoring, analysis, service improvement, and educational content delivery.
3. **Legal Basis:** Explicit consent from the data subject.
4. **Confidentiality:** Data will not be sold or shared for commercial purposes. It will only be used by necessary technical tools (Airtable, Brevo, Make) under strict security measures.
5. **Rights:** At any time, I may request access, rectification, deletion, restriction, objection, or portability of my data by writing to: david@dmovezone.com.
6. **Retention:** Data will be kept for as long as necessary to fulfill the purpose of the processing or until the data subject requests its deletion.
7. **Acceptance:** I confirm that I have read and understood the above information and freely consent to the processing of my personal data in accordance with DMoveZone's Privacy Policy and applicable regulations (GDPR and LPD).

Date: _____ **Signature:** _____